

Summer 2018



# Down Syndrome Association of Central Kentucky

Support • Educate • Celebrate



*Conor Healy* with sisters Emma,  
left, and Aoife

Photo by Kara Ball

**MISSION STATEMENT** | To celebrate and support people with Down syndrome and their families and to educate ourselves and others throughout Central and Eastern Kentucky.



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Executive Director: Traci Brewer  
 Education Coordinator: Hana Toupin  
 Medical and Community Outreach Coordinator: Courtney Elbert  
 Communications Coordinator – Mary Moon  
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DSACK Bylaws and financials are open for review, and the Board of Director Meetings are open to our community. Agenda items are determined well in advance.

DSACK does not endorse the opinions or views expressed by third parties or the products or services they offer. Reference to any specific commercial products, brand names, processes or services, or the use of any trade, firm, or corporation name is for the information and convenience of the public and does not constitute an endorsement.

The DSACK newsletter is published quarterly by the Down Syndrome Association of Central Kentucky, 1050 Chinoe Road, Suite 204, Lexington, KY 40502



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## Stay Connected



You can now RSVP for events right from our website calendar at [www.dsack.org](http://www.dsack.org)



To receive our weekly email blitz, email be Terri at: [dsack.org@gmail.com](mailto:dsack.org@gmail.com)



To join our private facebook group where you can communicate with other DSACK families, go to <https://www.facebook.com/groups/82674673490/> and request to be added to the group.



To "like" our official facebook page and receive updates from our association, go to <https://www.facebook.com/TheDownSyndromeAssociationofCentralKentucky>. [dsack.org@gmail.com](mailto:dsack.org@gmail.com)



Follow DSACK @DSAofCentralKY on Twitter.

Visit our calendar on [www.dsack.org](http://www.dsack.org) to see current events, activities and educational opportunities!

## Change is in the air –and we couldn't be more excited

By Traci Brewer

Believe it or not, it's time to start gearing up for our biggest fundraiser of the year – the Walk for Down Syndrome. Actually, the DSACK staff and board have been gearing up pretty much since the day after last year's walk. And we've made some changes we're excited to tell you about.

First, we're expanding the event to become a Family Fun Day and Walk. While the Walk will take center stage at the beginning of the day, it will be followed by a carnival-like event featuring everything from inflatables, games, food trucks, and a host of other family-friendly activities.

Why are we making this change? First and foremost, our goal is to increase attendance. In addition to all our DSACK friends and families, we want to encourage other families to come and enjoy a day with us. With a carnival-like atmosphere and activities for all ages, we expect it to become a popular way to spend a fall day. And it only costs \$18!

In addition, because we are growing – we're expecting more than 2,000 people this year – it's time to transition to an all-outdoor venue. And what better spot than the Fairgrounds at Masterson Station Park, a beautiful park in the heart of horse country with plenty of room for a group the size of ours! This is the site of many other family fun events, including the Bluegrass Lions Club Fair in the summer. It really is an ideal location.



We are also moving the date up a bit – to Sept. 15 – in the hopes that the weather isn't as big of an issue as in the past. So go ahead and mark your calendars now.

Yes, these are pretty big changes, but they're positive changes – and necessary ones.

Every penny we raise from this event is reinvested in DSACK. Did you know that most Down syndrome organizations throughout the United States charge a fee for their programs? Our DSACK Board of Directors

decided years ago that no one should have to be excluded due to financial circumstances. Therefore, instead of charging for every program, we ask all of our friends and families to work hard each year building their Walk teams and raising money to make sure DSACK is here to continue our work for generations to come.

If our Family Fun Day and Walk aren't successful, we are left with only two choices: start charging a fee to families or start cutting programs. Neither of those is an alternative we want to consider.

Our goal once again is \$150,000. We've come close to this goal the past several years but have not achieved it. Let's pull out all the stops, make the asks, get the word out, and actually exceed our goal this year. We've got this!

Best,  
*Traci*



We are dedicated to assisting individuals overcome barriers to achieve their professional and personal goals! We accept referrals from a variety of sources such as the Office of Vocational Rehabilitation and local school systems.  
 859.254.0576 [OWLINC.NET](http://OWLINC.NET)

### VOCATIONAL & EMPLOYMENT SERVICES:

- ✓ Vocational Evaluations
- ✓ Life Skills Classes
- ✓ Job Coaching
- ✓ Fork Lift Certification
- ✓ Customer Service Rep. Certification
- ✓ Individualized Job Placement
- ✓ Job Retention Support

### MEDICAID WAIVER SERVICES:

- ✓ Community Living Supports
- ✓ Personal Assistance
- ✓ Community Access
- ✓ Supported Employment
- ✓ Respite

By Shawn Fear

I got a late start on fatherhood as I was 44 when Elizabeth came into our lives. At 44...most dads are watching their kids transition into junior high school, or for some, preparing the kids for college. Not this guy, I was figuring out baby formula, feeding times, learning about a good poop, bad poop, too much poop or not enough. Fast forward six years and for the most part, the poop part is behind us and the focus has transitioned to building Elizabeth's knowledge, speech and life skills while not forgetting to sprinkle in as much time as possible for fun and adventure.

For me the education piece of raising a child is scary. And it's not Lizzy's fault, it's not driven or caused by Lizzy. It's her father (me). It's my project manager, timeline-driven personality that's to blame. While I don't openly share my fears with Lizzy or allow those fears to overly push or over coach her, on the inside ...I'm terrified.

For several years I wasn't sure why "education" was a scary thing until I started to call myself out each time the emotions showed up. To some extent, I think I've figured out these feelings/fears are driven by the same thing we all want for our kids. As parents we want to be outlived by our kids, we want our kids to be successful, safe, and self-providing. But in my case, being 50 and knowing my only child is a 6-year-old with Down syndrome, there are times I doubt myself. I doubt my ability to deliver on her future needs. And sometimes that really big question pops into my head; "Will I be able to



Shawn and Elizabeth Fear

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Shawn Fear

deliver on all the skills Lizzy needs before I'm gone?"

We all have something that keeps us up at night. And it's my conviction that as long as we find a way to keep it in check and don't allow it to control or limit us...it's OK, it's normal. The key is not necessarily to try and ignore or suppress these crazy thoughts, but more so we must find a positive way to address the fears. For me, that positive pathway has come via attending the Saturday learning programs offered by DSACK. The learning program offers, in my opinion, a fun way to learn, and we have adopted the structure and materials into our evening routine. We read the books and perform the lessons together each night before bed. And in doing so, it's become a great bonding opportunity, while also learning and providing skills and a routine structure that Lizzy craves.

Lastly, the Saturday learning programs do more than provide proven training tips and organized learning materials, the program offers the chance to listen to other parents and the challenges they each face with their kids. And the discussion isn't limited to Down Syndrome, we talk about all kids and how they all have different challenges. If you have not attended one of these trainings, please consider reaching out to Hana to learn more. Honestly, for me it's somewhat therapeutic, and let's not forget the training comes with ..... free child care, donuts, and coffee. Who can say no to all that!

Shawn Fear is husband to Kristie and father to 6-year-old Elizabeth.

## On Common Ground: Coffee shop provides 'dream job' for Bryce Vinson

With a smile on his face and a bounce in his step, Bryce Vinson walked into Common Grounds Coffee Shop in Lexington and made quick work of a stack of dishes in the sink. The 27-year-old then moved on to tables that needed cleaning, floors that needed sweeping and fingerprints that needed removing from the coffee shop's front door.

All in a day's work for a young man living out his dream, said Quest Farm's Terrell Wilson, who helped Vinson find the job a little more than a year ago.

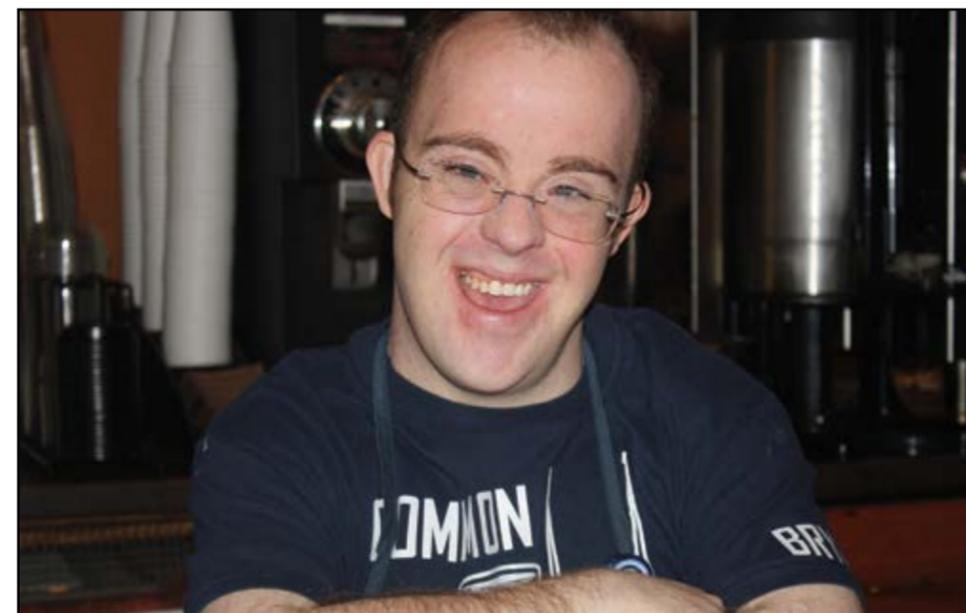
"I really feel like this is his dream job," Wilson said. "This job has taken over his life in a positive way. I think he's even more joyful than when I first met him."

Vinson's mother Becky agreed. "He is so happy, and so am I" she said.

Interestingly, Vinson's desire to work in a coffee shop started over a cup of coffee ... or two or three ... shared in the mornings with his father Eddie. Originally, he thought he wanted to work at a large national chain, but Wilson believed a smaller, local coffee shop would be a better fit.

"Terrell did a wonderful job in trying to understand what he wanted and why – and then matched him up. He took him for the interview and was immediately hired," Becky Vinson said.

Vinson works three days a week – Monday, Wednesday and Friday. Because of his "excellent" work ethic, Wilson said, it opened the door for another Quest Farm participant to work



the Tuesday-Thursday shift.

"Shortly after he (Vinson) started working here he was doing such a great job that the manager came to me and said do you have anyone else in the program that can fill the other two days when Bryce isn't here," Wilson said.

Adam Berry, who works the same shift with Bryce, said employing people with intellectual and developmental disabilities has been beneficial to all concerned.

"It helps build them up so they can live a full life, and we get good workers in return," Berry said.

Because he has been able to fulfill his



dream, Vinson wants to help others do the same. Along with his mother, he organized a fund-raiser for World Down Syndrome Day March 21 the past two years. He donated the first 21 drinks to customers that day, and in return his customers filled a tip jar. More than \$100 was raised this year and given to the Down Syndrome Association of Central Kentucky.

"We picked DSACK because we know good things are to come from all the services it provides," Becky Vinson said.

"Bryce is the perfect example of how important it is to find employment that is an area of interest for the employee and focuses on strengths and talents," said Traci Brewer, DSACK executive director.

### Quest Farm

Located in Georgetown, Quest Farm's "mission is to lovingly care for individuals with intellectual and developmental disabilities by providing or coordinating access to personalized services that positively contribute to their quality of life." For more information, visit [www.questfarmky.org](http://www.questfarmky.org).

# Family Fun Day among lots of 'new' added to annual Walk

Every year brings something new to the Down Syndrome Association of Central Kentucky's most important fundraiser, the Walk for Down Syndrome. This year is no exception. In fact, DSACK is bringing lots of "new" to the Walk this year.

"We are incorporating several exciting things this year to broaden our focus and make our Walk the most successful one we've ever had," said Traci Brewer, executive director.

Most importantly, DSACK is incorporating a "family fun day" into the event – even changing the name to Family Fun Day and Walk. The goal is to increase attendance from inside the Down syndrome community and out, Brewer said.

"Our attendance numbers and our fundraising numbers have plateaued over the last couple of years, so we have to look at ways to increase those numbers," she said. "It's really important that we do so to be able to maintain all that we are able to offer to our families.

One way to do that is to offer more attractions. In addition to the traditional 1-mile walk, there will be a number of family-friendly activities immediately after. Of course, there will be several popular inflatables – more than in previous years. There also will be several carnival-type games for the whole family.

Food offerings will be expanded as well, with food trucks and other food vendors selling a variety of items. An area will be set up for tailgating and picnics.

"We really want to create a fun, carnival-like atmosphere

that all ages will enjoy," said Danon Camic, DSACK board chair. "Ideally, the activities will be attractive to people outside our Down syndrome community, too, so we can increase awareness of Down syndrome and give others the opportunity to come spend a day with us."

Another big change this year is the location. The Family Fun Day and Walk will be at the Fairgrounds at Masterson Station Park in Lexington – a spot Brewer said will be home for "years to come."

"When we look for a location to host this event, we look for a place that allows us to provide safe, family fun for everyone who wants to come together to celebrate," added DSACK

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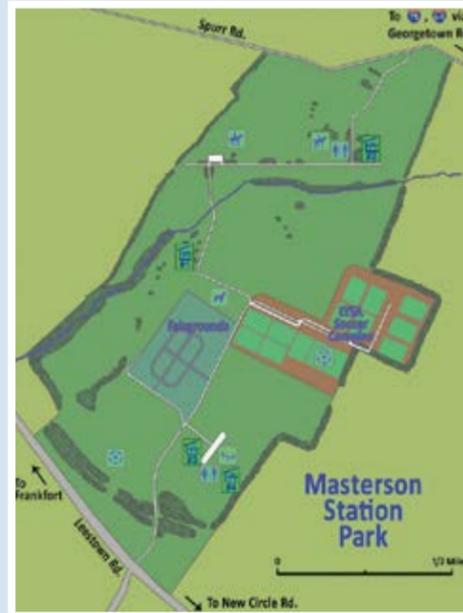
Danon Camic  
DSACK board chair

event planner Laura McDonald, of Impressions Marketing. "Masterson Station provides us with this, also giving us the opportunity to continue to grow while using the same venue. We can continue to expand year after year at Masterson Station, giving us a more long-term home."

The Walk, which begins at 10 a.m., will follow a one-mile route throughout the fairgrounds, followed by the Family Fun Day activities. Plenty of parking will be available in the grassy area across from the fairgrounds. A drop-off area will be available for those who need handicap access, as well as for those who want to drop off picnic or other supplies.

Another change to look forward to is the date: The Family Fun Day and Walk will be in September (Sept. 15) instead of October this year to increase chances of warmer temperatures.

"Last year was cold and rainy, and even though it didn't stop us from walking and having a great time, we'd really like to improve the chances of a little warmer



## 2018 Family Fun Day and Walk FAQs

### When, Where, What?

The 2018 Family Fun Day and Walk is Sept. 15 at Masterson Station Park Fairgrounds, 3051 Leestown Road, Lexington.

### What should we expect?

Registration and tailgating begin at 9 a.m. (If you've already registered online, no need to stop at registration.) We'll begin our day at 10 a.m. with a short walk (approximately 1 mile) to celebrate people with Down syndrome. All activities vendors and exhibitors will open at 10:30 a.m. The fun concludes at 1 p.m.

There will be a designated area to set up a tent (no ground stakes allowed) or simply throw down a picnic blanket. Although vehicles are not allowed to park within the fairgrounds area, you can pull your vehicle up to the area to drop everything off before parking. (No alcohol is permitted and will be confiscated.) Don't want to tailgate? No problem. Plan to arrive at your convenience.

### Where can we park?

There will be free parking in a grassy area across from the fairgrounds. The parking area is close to the children's playground area for some added fun! For those in need of handicap accessibility, there will be a drop-off area within the fairgrounds before parking.

### Why is there a Walk at 10 a.m.?

This is our 14th year to host our Walk for Down syndrome. It is a time for family, friends, and community to celebrate people with Down syndrome. DSACK families work hard throughout the year to raise money

for their walk team, with all funds raised going toward the services and programs DSACK offers free throughout the year.

### What if I am unable to join the walk at 10 a.m.?

For those unable to walk the one-mile route, you are welcome to remain at the fairgrounds and rejoin your party afterward. If you're unable to join us at 10 but still want to come to our Family Fun Day, that works, too. Join us any time before 1 p.m.

### Where do we go after we finish the walk route?

Hang out with us and enjoy the many family-friendly activities, food trucks, music, face-painting and more until 1 p.m.

### Do I have to be part of a team to enjoy the fun?

You do not. We have a lot of fun and friendly competitions for those who form a team. However, we want everyone to join us for our day of fun. You can register for the general event and share in our day of family fun at your convenience.

### What is the registration fee and what does it include?

There is a registration fee of \$18/person which includes a t-shirt, popcorn, carnival games, inflatables, face-painting, and kids' activities. There will be some things not included in the registration fee such as food truck purchases and purchases from a few other vendors.

### Where can I get a sign for my team?

Some teams choose to have a walk sign professionally made. Other teams make



temperatures," Camic said. "Of course, Mother Nature has to cooperate, but at least she'll have a better chance."

A number of things haven't changed, however, including the fundraising goal: \$150,000.

"This year it's more imperative than ever to reach that goal," Brewer said. "We want to continue our model of providing all our services free of charge, but that model is not sustainable unless we have a successful Family Fun Day and Walk."

The cost of participating on a Walk team likewise remains at \$18 and gets people "in the door" of the Family Fun Day events. Members of the community who do not participate on a Walk team can get into the event for \$18, as well.

And, last but certainly not least, the Family Fun Day and Walk will continue to be an event that "connects us," Brewer said.

"It's no longer one family going the course alone with uncertainty and fear; it's over 2,000 of us coming together to celebrate and ensure that DSACK continues to influence additional families, schools, employers and communities," she added.

<http://dsack.ezeventsolutions.com/walk>

Continued on page 8

their own signs out of poster board or foam board. Signs can be as simple or as elaborate as you choose. If you need the DSACK logo, just email us at [dsack.org@gmail.com](mailto:dsack.org@gmail.com).

## Is a sign for my team required?

It is totally up to each team. We enjoy seeing the creativity of our teams along the walk; however, it is not required. We do have a contest for "Best Sign," and the winning team will lead off our 2019 Walk for Down syndrome.

## Can our team sit together?

Because our venue is completely outside this year, the only seating will be in the tailgating area. Watch for team contests to win the best spots closest to activities and vendors. For those who do not win the best spots, plan to arrive early to claim your team area. Gates open at 9 a.m.

There will not be a pre-walk stage show this year. More details will follow regarding the walk start. You're going to love it!

## Will there be enough t-shirts?

We make every effort to have enough t-shirts of every size. However, to be sure you get a t-shirt, please have your team members pre-registered by Aug. 24. If a walker is not registered by this date, we will not be able to guarantee a t-shirt on the day of the walk, however, we will do our best to have extra shirts available. We order a lot of extra shirts every year, but we always run out. After Aug. 24, it is first-come, first-served for shirts received at the event. No exceptions will be made.

## Can I pick up my team's shirts in advance?

We do have t-shirt pickup dates so that team captains can pick up the shirts in advance. The date for this will be announced. Pick up location will be at the DSACK office, 1050 Chinoe Rd., Suite 204, Lexington, KY, 40502.

## What if our team has designed their own t-shirt?

Great! Many teams choose to do this. Registration fee of \$18 includes a t-shirt, so each member of your team will still receive a shirt; however, your team members can choose to decline a walk t-shirt to help offset Walk expenses. (Just choose "no shirt needed" when registering.) We love creativity, so have fun with it!

## Are there team contests for most money raised, most walkers, etc.?

This year, we once again have an exciting

team level – Grand Champion (\$10,000). Grand Champions will win travel for three to the 2019 National Down Syndrome Society Walk on Capitol Hill. Other team levels include different perks as well. We are very excited to offer a drawing for your child's picture on a billboard for teams raising \$5,000 or more. We will also offer a billboard for teams raising the most money and registering the most walkers. We are working on some new contests for this year, so be sure to check the Facebook page and read your emails! Team levels and prizes are also listed on the walk website home page, <http://dsack.ezeventsolutions.com/walk>

## What if I can't attend but want to join a team or donate?

You will be missed! However, you can still join a team and get a t-shirt, even if you are unable to attend. Of course, donations are always welcome, too. You can even have a team of "virtual walkers." We hope to see you next year!

## How can I volunteer?

It takes many volunteers to make this event fun and safe. If you or your group are interested in volunteering, email DSACK at [dsack.org@gamil.com](mailto:dsack.org@gamil.com). We usually ask volunteers to be there by 8-8:30 a.m. and wrap it all up by 1 p.m. Volunteers do anything from assisting in activity areas, lining the route and cheering on the walkers, set-up, clean-up, etc. Volunteers must be 18 years or older.

## What are some ideas to help my team raise money for DSACK?

- Ask your employer, local businesses, doctor's office, etc. to sponsor your team. There are several different levels of sponsorship, and a sponsorship form can be found on our website homepage, [www.dsack.org](http://www.dsack.org). Be sure to let us know if you have a gold, silver or bronze sponsor so we can make sure they get the benefits of their sponsorship package. You can email us at [www.dsack.org](mailto:www.dsack.org) to let us know. Even if a company chooses not to sponsor at the levels listed on our brochure, they may still be able to donate a smaller amount for your team.

- Ask your employer or school if you can have a dress-down day or jeans day. Everyone who wants to participate can pay \$1 (or whatever you determine).

- Ask your school or employer to do a change drive. Employees or students bring in their loose change of any amount. Ask if you can have a visible spot at the entrance as people arrive for them to drop their change. Of course, cash is always accepted. Be prepared to make a trip to a bank that has

a change counter. One elementary school raised over \$1,300 dollars doing this!

- Have a bake sale or, better yet, offer your homemade specialty via social media and offer to deliver to those who purchase. With fall season upon us, there are lots of yummy ways to make this work!

- Ask your employer to match any funds raised by their employees for your team.

- Put your personal story on social media. List your child's accomplishments. How has your family grown through this experience? How have you grown? What are some challenges ahead? How has DSACK supported you in the past? Mention what the funds will be used for as DSACK finds new ways to celebrate, educate and support our families. This is also a great way to educate others about the amazing potential and advancements of people with Down syndrome.

- Announce our Walk and your team on social media with a link to register and/or donate.

- Ask employers to allow extra time for lunch or bring in lunch for those who join your team.

- Have a contest at your school to raise money. The class that raises the most money will get a pizza party or whatever you decide to give.

Have fun with this! You will find that most people want to give but just need to be asked.

## How are funds raised from the walk used by DSACK?

As far as we can tell, DSACK is the only Down syndrome affiliate that does not charge our families for programs or activities. Our board believes strongly that financial circumstances should never prohibit a family from participating in life-changing programs and events offered by DSACK.

Our annual walk allows our families to give back to DSACK by raising money to continue to offer all of our services and programs free of charge. One hundred percent of all money raised at our Walk is used to continue programs such as The Learning Program, We Work! job skills classes, art classes, bike camps, new parent packets, new parent dinner, medical outreach, monthly Coffee Chats and much more.

Walk funds are also used to host our social events such as the holiday party, pumpkin patch outing, family retreat day, and World Down Syndrome Day. You can learn more about everything DSACK offers at [www.dsack.org](http://www.dsack.org).

## Brewing generosity



Lexington's West Sixth Brewing Co. recently presented \$3,776 to DSACK as part of its Pay It Forward program. The funds were generated from sales of the company's Pay It Forward Cocoa Porter during the first three months of 2018 – 50 cents

for each six-pack sold.

"We were thrilled to have been chosen by the West Sixth staff as their first-quarter recipient in the Central Kentucky region," said Courtney Elbert, DSACK medical and outreach coordinator. "Even more overwhelming was the

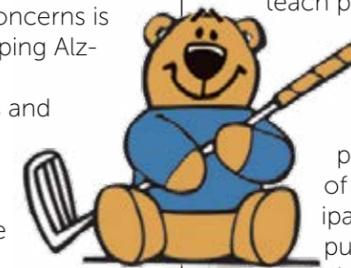
depth of their generosity. They are truly a wonderful community partner."

Special thanks also to Liquor Barn, which matched the West Sixth donation. The check was presented during a special party held at West Sixth in April.

## The Alzheimer's connection

Adults with Down syndrome are now living into their 50s, 60s and even beyond. Along with all the milestones observed from a long and vibrant adulthood, however, are the challenges adults with Down syndrome may encounter with advancing age. One of the most serious and life-changing concerns is the increased risk of developing Alzheimer's disease.

To help empower families and caregivers with knowledge about the connection between Down syndrome and Alzheimer's disease, the National Down Syndrome Society has written a booklet titled, "Alzheimer's Disease and Down Syndrome, A Practical Guidebook for Caregivers." The booklet is free and can be downloaded at [http://www.ndss.org/wp-content/uploads/2017/11/NDSS\\_Guidebook\\_FINAL.pdf](http://www.ndss.org/wp-content/uploads/2017/11/NDSS_Guidebook_FINAL.pdf).



## Grant funding approved

DSACK has been approved for two more grant awards. The Bluegrass Cycling Club has approved funding for the purchase of bicycles for our Strider Bike Camp this summer. The bicycles – Strider's no-pedal balance bikes – as well as Strider's turn-key curriculum, provide both the tools and methods to teach people with down syndrome how to ride on two wheels.

The camp, as with all of DSACK's other programs, is offered free of charge; however, participants are responsible for purchasing the bicycles. With the Bluegrass Cycling Club's



grant, those bicycles will be available free of charge to anyone who cannot afford to purchase one.

In addition, the Children's Charity Fund of the Bluegrass has awarded DSACK \$2,900 to be used for the Learning Program. The money will go toward funding reading intervention services, copies of materials, and early education specialists.

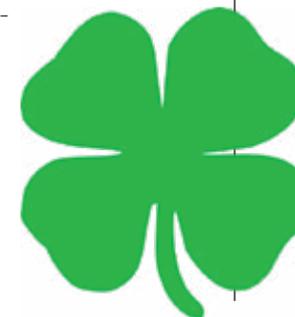
## Taking DC by storm!

Kentucky and DSACK were well represented at the annual National Down Syndrome Society's Buddy Walk in early April. Attending were, from left, Maribeth Wright, Rob Wright, Emily Wright, Brent Merritt, Traci Brewer, Will Merritt and Tonya Merritt.



## Sweet contribution

A special shout-out goes to two people who donated goodies for the New Parent Dinner in March. For the St. Patrick's Day-themed event, Lauren Jacobs of Lauren's Custom Cookies donated shamrock cookies and Jackson McReynolds of A.P. Suggin's Bar and Grill contributed traditional Irish soda bread. Both were a huge hit!



## JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b> Summer Enrichment Meeting 9 a.m.
<b>3</b>	<b>4</b>	<b>5</b> Bike Camp 12:30 p.m.	<b>6</b> Walk Kickoff 6 p.m.	<b>7</b>	<b>8</b> Signing Class 10:30 a.m.	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> Summer Enrichment 9 a.m. Bike Camp 12:30 p.m.	<b>13</b> Summer Enrichment 9 a.m.	<b>14</b> Summer Enrichment 9 a.m. Board Meeting 7 p.m.	<b>15</b> Signing Class 10:30 a.m.	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b> Summer Enrichment 9 a.m. Bike Camp 12:30 p.m.	<b>20</b> Summer Enrichment 9 a.m.	<b>21</b> Summer Enrichment 9 a.m.	<b>22</b> Signing Class 10:30 a.m.	<b>23</b>
<b>24</b> Kendra Scott Give BACK 1-3 p.m.	<b>25</b>	<b>26</b> Summer Enrichment 9 a.m. Bike Camp 12:30 p.m.	<b>27</b> Summer Enrichment 9 a.m.	<b>28</b> Summer Enrichment 9 a.m.	<b>29</b> Signing Class 10:30 a.m.	<b>30</b>

## JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b> Summer Enrichment 9 a.m. Bike Camp 12:30 p.m.	<b>4</b>	<b>5</b> Summer Enrichment 9 a.m.	<b>6</b> Signing Class 10:30 a.m.	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b> Summer Enrichment 9 a.m. Bike Camp 12:30 p.m. Intro to Learning Program 6:30 p.m.	<b>11</b> Summer Enrichment 9 a.m.	<b>12</b> Summer Enrichment 9 a.m.	<b>13</b> Signing Class 10:30 a.m.	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b> Bike Camp 12:30 p.m. Intro to Learning Program 6:30	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b> Bike Camp 12:30 p.m. Intro to Learning Program 6:30	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b> Intro to Learning Program 6:30	<b>AUGUST</b> (Please watch the calendar at <a href="http://www.dsack.org">www.dsack.org</a> for additional dates in August)			
			<b>4</b> Monthly play group		<b>16</b> Board Meeting 7 p.m.	
			<b>18</b> "Nothing Down About It" Gala		<b>25</b> Coffee Chat 10 a.m.	



Happy 10th birthday Alex!



Brianna we are beyond proud of all that you have learned over the past year! Happy 11th birthday Sweet Girl! Love, Daddy, Samantha, and Joshua



Happy 10th birthday Gracie! Mommy and Daddy love you. You are growing up too fast. Slow down Baby Girl!



Our lives we're forever changed seven years ago on May 16 when we were blessed with this beautiful girl. Happy 7th birthday, Dailey Hall.



"Today you are you, that is truer than true. There is no one alive who is youer than you." - Dr. Seuss. Happy 3rd birthday Sweet Boy! Love, Momma, Dadda, Carson & Corbin



Happy 15th birthday to Toby Baker on June 11.



Kayden has blessed us with six wonderful, exciting, busy years! He's always surprising us with new accomplishments, and we couldn't be more proud that God chose us for his family. (Kayden is pictured with his older brother Kenton.)



Happy 3rd birthday Juno! You continue to amaze us with your strength. Last year was tough, but you are FIERCE! We love you Little Warrior! - XOXO Mommy, Daddy & Evie



Happy 16th birthday Ethan Wolfe! We Love you & are so Proud of You!

We are celebrating a successful heart surgery at 6 months old for Conway Clemmons! The surgery, on March 7, was performed at University of Kentucky Children's Hospital in Lexington by Dr. Q.



Happy 7th birthday Lizzie. Mommy and Daddy love you so much!!



Happy 8th birthday Jeremiah!



Jonathan turns 4 in June. He has had a great year at preschool and he is showing everyone what a smart little boy he is He may be a little mischievous, too.



Happy 3rd birthday Lincoln! We are so proud of you and excited for you to begin preschool this fall. You're doing great! - Love Mom, Dad & Eliza



Happy birthday to Landon, who turned 6 on April 26!



Sanjay Blevins turns 14 on June 13. He is a wonderful son, brother, grandson, and friend.

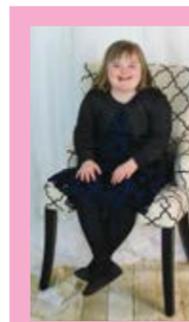
Happy Sweet 16th birthday to Joshua Baker on May 12.



Happy Sweet 16th birthday to Talia Joy Baker on May 8.



Happy 14th birthday to Sam! Keep smiling your smile and shining your light for all the world to see! Love Mom, Dad, Ethan, Sydney & Jade.



Kylie, happy 10th birthday! We are so proud of the young lady you are becoming. Keep reaching for the stars, you are amazing. We love you beyond words; Mom, Dad & Jaden.



Happy 11th birthday Tori the Tornado! We are so proud of you every single day.

1050 Chinoe Road, Suite 204  
Lexington, KY 40502  
Return Service Requested

# SAVE THE DATE

*Get your Flapper and Dapper Attire  
Ready for a Roarin' 20s Good Time*

8.18.2018

*Cocktails and Dinner  
Live and Silent Auction  
Music and Dancing  
After-Gala Party*

*Presented by:*

